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Press Release - July 23, 2007

Huntington Home Care President Larissa A. Stepanians Appointed to City of Pasadena Senior Commission

Pasadena, CA - Huntington Home Care President Larissa A. Stepanians, GCM, MSG, NHA, was named to the City of Pasadena Senior Commission during swearing in ceremonies at the Pasadena City Council meeting Monday, July 23, 2007.

Nominated by Pasadena District 7 Councilman Sid Tyler, Stepanians will represent the district as she joins Commission Chairman Sam A. Thomas, and commissioners Joan Banks, Doreen Moore, Luther Renfroe, Angie Mont O'Brien, Kelly White, Carol Brainerd and Patty Watson-Wood.

Stepanians brings extensive experience as a professional geriatric care manager and as a nursing home administrator to Huntington Home Care, a San Gabriel Valley company providing quality care and companionship by offering non-medical, in-home assistance to seniors.

Joining the Senior Commission allows Stepanians to expand her own previous community involvement in assisting the elderly to lead independent lives. Huntington Home Care places a high priority on community education and advocacy as it serves its clients and their families.

"The Commission provides an avenue for me to provide services to our senior community, and to develop and maintain a 'talent bank' of seniors from the community to assist the city in performing its functions," Stepanians said. "I'd like to serve as a liaison between the Commission and seniors, to collect, organize and disseminate information concerning seniors, and coordinating services for them."

In California, 1.8 million households are caring for someone aged 50 or older - 16 percent of California's 11,502,870 households, according to the Family Caregiver Alliance. An estimated 3.4 million family members care for someone over the age of 18, and many households will seek assistance from professional caregivers.

Clients and their families enjoy Huntington Home Care's holistic approach to its services, which include day-to-day activities like meal planning and preparation, grocery shopping, transportation and escort, medication oversight, light housekeeping, laundry, bathing, dressing, incontinence assistance and toileting, transfer and standby assistance, 24/7 and live-in care, post-surgical care, family respite care, rehabilitation assistance, and many others.

Among Huntington Home Care's innovations in senior services is MemoryACT, an exciting, innovative program introduced by HHC to improve memory and quality of life for its clients. One of MemoryACT's programs includes using the CRT(tm) process that provides a text- and activity-based memory and thinking exercise in a computerized module tailored to each client's life history. This non-invasive, people-centered and research-based program is designed for people experiencing the effects of early through mid stages of Alzheimer's, age-related memory challenges, and dementia.

Huntington Home Care offers specialized range-of-motion exercises to proactively maintain and enhance a client's daily activities. HHC caregivers are trained by experienced professionals to practice specifically tailored range-of-motion exercises to build healthier joints, improve joint lubrication, reduce stiffness and pain and consequently increase a client's independence.

Huntington Home Care's services extend beyond the client to his or her family. HHC provides assistance in reviewing financial, legal or medical issues and forms; offer conservator or guardianship assistance; supply exclusive "concierge" services of a geriatric specialist; provide counseling and support for clients and families; and help in transitioning clients and families through care and living arrangements.

Huntington Home Care's team of professionals led by Stepanians have specialized in senior care, with backgrounds as physicians, licensed nurses, geriatric care managers, nursing home administrators and directors of social services. Huntington Home Care's highly qualified caregivers are experienced CNAs and CHHAs, who have worked with clients with diabetes, stroke history, dementia, Alzheimer's or Parkinson's, cancer, tube feeding, hospice care, post-operative care, colostomy care and other needs. All caregivers are employed by HHC, and have passed thorough background checks. All employees are bonded and insured.

Stepanians' interest in geriatric care and issues began as she completed her Master's degree from USC's Leonard Davis School of Gerontology. She also received Long Term Care Certification from USC's School of Policy Planning and Development. She is licensed as a nursing home administrator, licensed preceptor for administrator-in-training program, and is a certified administrator of residential care facility for the elderly. Stepanians is one of only three Professional Geriatric Care Managers in Pasadena with membership in the National Association of Professional Geriatric Care Managers.

She is a member of Pasadena's Elder Abuse Task Force, the San Gabriel Valley Focal Point Consortium, San Gabriel Valley Certified Nursing Assistants Annual Award Task Force, Pasadena Rotary, the Pasadena Fiduciary Round Table and the San Gabriel Valley Economic Partnership.

Stepanians lives in Pasadena with her husband Carlo and their 10-month-old daughter, Sophia.

For more information about Huntington Home Care, call toll free (877) 405-6990, or visit the web site, www.huntingtonhomecare.com.